

Distress Response Scenario

Police Scotland has contacted the service wishing to refer someone who has presented in distress and voicing suicidal intent?

- **What conversation would you be having with Police Scotland?**
- **How would you start and end the conversation with individual referred ?**
- **How would you de-escalate their levels of distress?**
- **What would be your reasons for escalating?**
- **How would you escalate a situation if you had to?**
- **What would be the formal follow up procedures following an escalation?**
- **How do you manage emotions following a crisis/trauma for i) yourself and ii) for your team?**

Please send your response prior to your interview.

Email address: r.ali@gamh.org.uk