

## Not in a position to donate a break free of charge?

There are many other ways beyond a complementary break that you can support the work of Respitality.

▶ You can make a monetary donation 

▶ You can pay it forward 

▶ You can leave a legacy 

▶ You can become a corporate partner 

**“Our focus as a hotel is to make magical memories for our guests, creating those moments that they will treasure forever and give them a little escape from the everyday lives and stresses. There are no better beneficiaries of this than those that Respitality supports, which is why we were so keen to be involved and play our very small part.”**

Paul Mooney, General Manager  
at Apex Hotel Dundee

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# Support our work



The ultimate aim of Respitality is to provide a short vital break for unpaid carers in Scotland when they need it most.

This is achieved by connecting carers' organisations with hospitality, tourism and leisure businesses who are willing to donate a break free of charge.

Respitality is a Scottish Government supported initiative, is delivered locally by approved Respitality Delivery Partners and co-ordinated nationally by Shared Care Scotland.



## How does a short break with Respitality benefit unpaid carers?

Carers tell us that a break from the daily caring routine, and an opportunity to access new experiences with friends and families is a major positive for them.

A Respitality break also provides a chance to relax and be taken care of & return to their caring routines with renewed energy.

Additionally, because Respitality breaks are provided free of charge, this also alleviates any financial pressures on the unpaid carer.

You can hear real life stories from carers who have benefitted from a Respitality break on the Stories section of our website.

## What is the process of donating a break to Respitality?

Donating to Respitality is really simple....

- 1 You tell us what you would like to donate.
- 2 We then share this information with our trusted local delivery partners network who arrange the break on behalf of the carer.
- 3 Once the break is complete, we share any feedback the carer provides with the donor.

...And that's it! You can find our online form on our website.

## What types of breaks do businesses donate?

Over the years, we have received donations in the form of overnight stays in hotels and self catering properties, afternoon teas, spa days, whisky distillery tours, days out to the zoo, and cinema and sporting tickets.

## What does supporting Respitality mean to donors?

Donors tell us that they find it fulfilling to contribute something to their local communities, and that their support of Respitality has boosted their reputation with their consumers.

Another plus is the ease of donating to Respitality, and the flexibility of being able to offer breaks at a time that suits them (such as in the low season or last minute cancellations).

**“You can never fix anyone’s problems but if you can make one person smile [that is] going through a hard time, then you are doing a good job. It’s the feel good factor and letting folk know there is love out there for them.”**

Owner of Aa Fired Up, a donor from the Shetland Islands