

Learning & Development Team - Impact Report 2020-2021

GAMH Learning & Development Team

How we made a difference in 2020-2021

49 MENTAL HEALTH TRAINING COURSES FOR CARERS IN GLASGOW CITY

Courses help increase confidence and understanding of common mental health difficulties, self-care, dealing with stress, mindfulness, and self-advocacy.

83% of carers said the session would have a positive impact on their own health & wellbeing.

75% of carers said the session will have a positive impact on the wellbeing of the person they care for.



3 MENTAL HEALTH TRAINING COURSES FOR THIRD & PRIVATE SECTORS

'The trainer was fantastic, very calming and explained things in a way that was easy to understand.'



GAMH STAFF LEARNING & DEVELOPMENT

21 TRAINING COURSES

Programmes include Safeguarding, Mental Health Awareness, Trauma Skilled Practice, Mindfulness and Wellbeing at Work. These draw on Scotland's Knowledge and Skills Framework for Mental Health Improvement, Self-Harm and Suicide Prevention.

SELF-DIRECTED LEARNING

During COVID we provided additional online learning programmes including Equalities and Human Rights, through NHS Education for Scotland resources.

STAFF QUALIFICATIONS

17 staff achieved GAMH's SQA Approved Induction Award, SCQF Level 6.

18 staff are working towards SVQ registerable qualifications.

SUPPORTED 3 STUDENTS ON WORK PLACEMENTS

1 Social Work Student with the University of West of Scotland

2 BA Education & Social Services Students with the University of Strathclyde.

GAMH LEARNING CENTRE – SQA QUALIFICATION INSPECTION

Delighted to receive 'high confidence' in all areas following our first SQA Qualification Inspection.

