

# GLASGOW ASSOCIATION FOR MENTAL HEALTH

## Person Specification

**POST:**                                    **Distress Response Worker**  
**Compassionate Distress Response Service (GAMH)**

### **QUALIFICATIONS**

	Essential	Desirable
Health Social Carer or equivalent. SVQ 3 Care in an appropriate area		✓
Minimum SVQ Level II in Health or Social Care, or equivalent or HNC in relevant field	✓	

### **EXPERIENCE**

Minimum 2 years' experience working within health and social care field	✓	
Experience of working with individuals in distress/crisis.	✓	
Experience of working in a multi- agency environment	✓	
Experience of working with key stakeholders i.e. emergency services, first responders, GPs, Primary Care teams		✓
Knowledge of relevant legislation.		✓
Knowledge of suicide prevention strategies.	✓	

## SKILLS

Risk Assessment and safety planning	✓	
Compassionate listening and communication skills and be able to quickly establish feelings of trust.	✓	
Excellent written communication skills	✓	
Able to work independently and within a team.	✓	
You will have good time management skills, be able to prioritise and handle demanding workloads.	✓	
Be able to work quickly and effectively in responding to service demands	✓	
Ability to use IT effectively	✓	

## PERSONAL TRAITS

Compassionate and caring	✓	
Self-motivated and resourceful	✓	
Ability to demonstrate empathy and concern	✓	
Team player, able to maintain positive working environment	✓	
Flexible and adaptable	✓	
Can create the conditions for a safe, welcoming and supportive environment.	✓	

## Other

Car owner		✓
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