

GLASGOW ASSOCIATION FOR MENTAL HEALTH

PERSON SPECIFICATION

POST: RELIEF WORKER

PROJECT: AS DIRECTED

The postholder must be able to work flexibly; some early morning, evening and weekend working will be required

QUALIFICATIONS

Preferred: Social Care qualification, SVQ 2 or equivalent which can be registered with the Scottish Social Services Council or a willingness to undertake such a qualification.

EXPERIENCE

Essential: Experience in working with individuals in a person centred and recovery focussed way.
Experience of working in partnership with service users to identify support goals and outcomes.
Experience of lone working as well as working as part of a team.
Experience of negotiating and promoting issues on behalf of service users.
Experience of networking and joint working with colleagues from other agencies

Desirable: Experience of working in a community setting with people with support needs.
Experience of working with people who are living with or recovering from mental health problems and have other complex needs and issues.
Experience of dealing with the welfare benefits system.

SKILLS

Excellent written and oral communication skills.
IT Literate
Ability to work with effectively with individuals with complex needs including people who are living with or recovering from mental health problems.
Ability to work under pressure both as part of a team and independently.

Ability to participate effectively in team meetings and supervision sessions.
Ability to plan, organise, implement and evaluate work in accordance with the goals agreed in the Personal Support Plan.
Excellent interpersonal and negotiating skills.
Ability to keep accurate records of work.
Ability to develop your practice through reflection and learning.

KNOWLEDGE

- Desirable:
- (1) Knowledge of the SSSC's Codes of Practice and the National Care Standards and how this framework applies to social care practice.
 - (2) An understanding of the principle of working in a socially inclusive service and of encouraging service user participation.
 - (3) An understanding of equal opportunities and commitment to anti-discriminatory practice.
 - (4) An understanding of the principle of safeguarding and protection in Health and Social Care services.

PERSONAL QUALITIES/ATTRIBUTES

- .Compassionate and empathetic approach to support
- Ability to relate well to people
- A commitment to and understanding of human rights, equalities and diversity.
- Enthusiasm, motivation, energy and flexibility are all essential qualities required to this post.